

WELCOME TO OUR

Monthly Newsletter



Kings Bay Dolphin Store Grand Reopening—A Success!



We're excited to share that the Grand Reopening of the Kings Bay Dolphin Store was a huge success—thanks to you! With the incredible support of our military community, we welcomed over 31 shoppers through our doors.

We invite you to keep the momentum going by volunteering, spreading the word, and keep shopping with us on Tuesdays and Thursdays from 10:00 AM to 1:00 PM. For updates on pop-up hours and events, follow us on Facebook at facebook.com/KBDolphinStore.

Thank you for helping bring the Dolphin Store back!

In this newsletter:

Silver & Gold Events, Shout Out!, Upcoming Events, Special Interests, Calendar Dates, Membership Info, and more. Keep Reading!

October!

October has a way of nudging us to slow down. For some of us, "fall" meant leaf piles and orchard weekends. Here in coastal Florida it looks different—lighter mornings, softer sunsets, sea breeze instead of mountain air.

After 25 years in the military community—and with two kids now in college—my fall looks different, too. No more sprinting to practices or last-minute projects. "Thrive where you are planted" still fits, even when the soil keeps changing.

This October I am taking the nudge and slowing down. If I miss a day, I will try again tomorrow. What I am trying now:

- One protected hour a week for me—walk, porch coffee, or a quiet errand.
- One simple tradition with fellow spouses—a Saturday coffee loop, low-effort potluck, or a tiny three-person group text for quick plans.
- Florida-style fall moments—sunrise beach walks, a farmers' market lap, sunset at the park.
- A short October list (one home task, one outing, one connection) and a simple holiday yes/no plan set ahead of time.

If you are missing home, say so. That is what this community is for. Invite someone for coffee or try an event you have been curious about. The point is not to recreate another place; it is to make this place feel like yours while the Navy keeps you here.

Here is to an October of slowing down and flourishing—right where we are.

Jen Roman



Shout Out!

NAVY LEAGUE: CAMDEN-KINGS BAY COUNCIL

The Navy League of the United States is a civilian, non-profit organization dedicated to supporting and advocating for America's sea services—the U.S. Navy, Marine Corps, Coast Guard, and U.S.-flag Merchant Marine. In addition to advocacy, the Navy League provides support to service members and their families, educates the public and policymakers on maritime issues, and invests in future leaders through youth programs such as the U.S. Naval Sea Cadets.

The Camden-Kings Bay Council focuses its efforts locally, supporting the Sailors, Marines, Coast Guardsmen, and families assigned to Naval Submarine Base Kings Bay and its tenant commands. The Council works to strengthen the connection between the military and the local community through ongoing outreach and support initiatives.

Join SOSA on October 13th as Shelly Bohner speaks about the role of spouses and significant others in supporting Navy League efforts and how to get involved at the local level. Then, on October 24, sign up and play a round of golf at the Navy League's 2nd Annual Golf Tournament to benefit the Hope Tree Holiday Gift Program for military families in need.

For more information, please visit www.kingsbaynavyleague.org.



Kings Bay Silver & Gold Events

WE NEED VOLUNTEERS!

Our annual Silver & Gold auction, supporting the Dolphin Scholarship Foundation and charities who support our local submarine community, is set for February 21, 2026 at the Triplex. We need your help to make it a success!

We are currently in need of:

- A Gold Chair (officers' spouse only) and
- Sub-committee chairs and volunteers for: silent auction, sponsorships, command liaison/verbal auction, golf tournament, childcare, and registration.

Additional volunteer support is needed for flyer distribution, event setup, and assisting with item pickup for winning bidders.

If you are interested in volunteering, please contact Silver Chair, Fiona Gentry, at (912)464-1642 or email us at: silvergoldauctionkb@gmail.com.

www.facebook.com/kingsbaysilverandgoldauction

Upcoming Events

BOOKAHOLICS ANONYMOUS!

Come to October's Bookaholics Anonymous! Our monthly book club where stories come to life and friendships are made over coffee and conversation.

 Next Meeting: October 25, 12 PM

 Location: Kraken Coffee & Kitchen Co.

 October's Pick: My Other Heart by Emma Nanami

kingsbaysosa.com

kingsbaysosa@gmail.com

Add to Your Calendar

OCTOBER

08 OCT Executive Board Meeting (7:45pm)
 11 OCT Dining Dolphins—Horse & Cow Pub and Grill
 (143 City Smitty Dr, St Marys, GA) (5:30pm)
 13 OCT Members' Meeting—Guest Speaker: Shelly
 Bohner (Navy League)(10am)
 15 OCT Brunch Bunch Club—Grumpy's Restaurant
 (76030 William Burgess Blvd #6, Yulee, FL)
 (1030am)
 18 OCT MWR Trunk or Treat
 25 OCT Bookaholics Anonymous @ Kraken (12pm)
 29 OCT Silver & Gold Kick-Off

NOVEMBER

01 NOV Special Event—Deck the Hulls (Paisley
 Grace Makery (1014 S 7th St Fern Bch, FL (4:30 pm)
 05 NOV Executive Board Meeting (7:45pm)
 10 NOV Members' Meeting—Make It, Bake It, Fake,
 It Club Fundraiser (10am)
 15 NOV Brunch Bunch Club—Cookie Cow (1528
 Boone St Suite C Kingsland, GA) (1030am)
 22 NOV Bookaholics Anonymous @ Kraken (12pm)

Monthly Membership Meetings

Our monthly membership meetings are held on the second Monday of each month at 10am at the St. Mary's Submarine Museum.

Can't make it during the day? No worries! We have additional gatherings and events coming up—and we'd love to see you there.

Want to Join SOSA/SOSCA?

We'd love to have you aboard! Visit our website to learn more and fill out the membership form:

 kingsbaysosa.com

Membership Dues:

Active Duty & Retired Spouses: \$25/year

Message from the President



HAPPY 250TH
 BIRTHDAY US NAVY!

On October 13, 1775, the Continental Congress created what would become today's United States Navy—250 years ago! It's amazing to think the Navy started with just a few ships—and now it's out there around the world, keeping the seas safe, helping people in tough times, and showing the heart of America wherever it sails.

And while we're celebrating, let's not forget our own Silent Service! This year, the Submarine Force turned 125. It's great to honor the brave men and women (and their families!) who make the undersea mission possible. From long patrols to Birthday Balls, this tight-knit community shows strength, resilience, and pride like no other.

As your Kings Bay SOSA President, I just want to say how proud I am to support our military and submarine spouses, friends, and families. You all inspire me every day—with your strength, your support, and your love of country and community.

From my family to yours—Happy 250th Birthday to the U.S. Navy, and Happy 125th to the Submarine Force!

Stephanie "Rocky" Gottfried

2025-2026 Executive Board

President: Stephanie "Rocky" Gottfried

Secretary: Elena Collinsworth

Treasurer: Danielle Duncan

Dolphin Store Manager: Ashleigh Lauber

Advisors: Amazing Leadership Spouses from Group 10, Squadron 16, and Squadron 20